

Painting with the Masters: Bouguereau and the 19th Century French Academy

Oil Painting Workshop presented by Juan Martinez

Materials List

PAINTING SURFACE(S): 1 (one) 11" x 14" **or** 12 x 16" *un-cradled* panel, primed with acrylic gesso or oil priming. Good quality prepared panels, such as Ampersand and RayMar (with Portrait Grade oil-primed linen) are available at many art stores and online.

COLOURS (oil paint only)

Titanium White and a Lead White, if available

(Lead whites are sometimes called Cremnitz white or Flake White. Look for pigment PW 1 on the label)

Yellow Ochre PALE (Winsor & Newton) or Mars Yellow Light (Williamsburg) — Pigment is PY 42, **not** PY 43

Cadmium Red Light (use *true* Cadmium only, no hues, please) — Pigment no. is PR 108

Burnt Sienna (a natural pigment only, which is PBr 7, so do **not** use Winsor & Newton nor Rembrandt)

Burnt Umber

Raw Umber

Alizarin Crimson Permanent

Viridian Green

Black (Ivory or Lamp or Mars)

Ultramarine Blue

BRUSHES:

Have around 6 or 7 synthetic mongoose Filbert brushes ranging from 1/8" to 1/2"

For fine finishing and detailed work smaller Round brushes. 3 or 4 soft, synthetic brushes in sizes #2 to #0) should do it.

Also, you will need 3 or 4 hog's bristle brushes on hand, in sizes from 3/4 in. to 1/4 in. (Filberts)

MEDIUMS / THINNERS:

- A fast drying medium such as Liquin™ or Liquin Fine Detail is preferred. Similar alkyd based mediums from other manufacturers are acceptable if Liquin is unavailable.
- Odourless Mineral Spirits (OMS) as thinner or to be mixed with medium. No turpentine please.

MISCELLANEOUS:

- 2 (two) small cups with lids for holding medium or mineral spirits.
- Palette knife — a narrow, flexible blade is best
- Palette — Paper palettes (preferably a gray-toned palette) are quick and convenient, but a prepared (i.e., sealed) wooden palette is good, too.
- For clean-up; a roll of paper towels, or Shop towels, or a Box of tissue, or Clean rag(s)
- Masking tape, and 2 Bulldog clips
- A Mahlstick is very useful but not a necessity (a 1/2 in. diameter dowel, approx. 30" long)

If you have any questions, please contact Juan directly at juan@juanmartinez.com